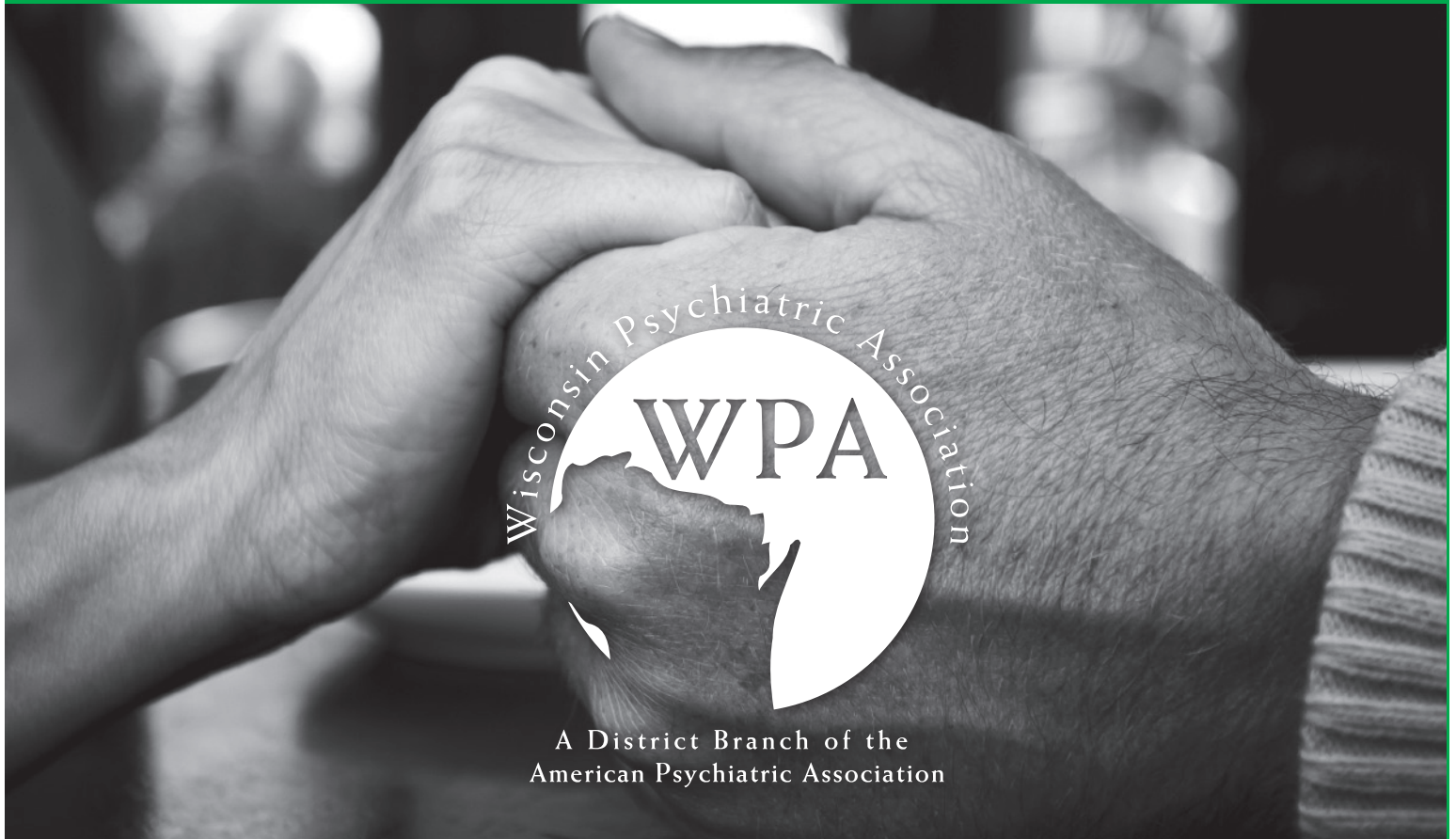


Wisconsin Psychiatric Association 2012 Annual Meeting



SUICIDE: Science, Assessment, and Prevention

March 2-3

InterContinental Milwaukee
139 East Kilbourn Ave
Milwaukee, WI 53202
www.intercontinental.com

Jointly Sponsored by the American Psychiatric Association and the
Wisconsin Psychiatric Association

Background Information



Suicide is the 11th leading cause of death in the United States and over 1 million people lose their life to suicide each year with somewhere between 10 and 20 attempts per completed suicide. It is known that there are clearly identified risk factors and protective factors that can be better understood to improve prevention of suicide. Substantial data indicates that educating physicians/providers on suicide can reduce this risk. The gap exists in knowledge about suicide and how to appropriately assess a suicidal patient, which will improve patient outcomes, physician competence, and physician performance.

The Details

Who Should Attend

This activity is designed for psychiatrists, psychologists, primary care providers, residents, medical students, and other mental health providers.

Program Objectives

At the conclusion of this program, participants will be able to:

- Discuss the proposal to make the suicide risk assessment more prominent in DSM-5. (Fawcett)
- Discuss the proposal for suicide risk assessment concern scale and guide across diagnoses as well as anxiety severity dimension to mood disorder diagnoses. (Fawcett)
- Review the proposal to add diagnoses of Suicide Behavior Disorder and Non-Suicidal Self Injury-Justification and benefits. (Fawcett)
- Understand the fundamental neurobiology components of suicide. (Kalin)
- Recognize possible therapeutic windows/implications on suicide. (Kalin)
- Identify potential research objectives related to suicide. (Kalin)
- Appreciate the high risk of suicide among older adults, and describe the assessment of suicidality. (Walaszek)
- Describe the identification and evaluation of older adult suffering from depression. (Walaszek)
- Understand the veteran mental health care system and how to refer to Veteran Affairs. (Lehrmann)
- Identify the unique risk factors for suicide in the veteran population. (Lehrmann)
- Provide an overview of the prevalence and nature of bullying in children and adolescents. (Eken)
- Discuss the association between bullying and suicide in elementary, middle and high school students. (Eken)
- Develop awareness of the importance for assessing bullying as part of psychiatric evaluation in children. (Eken)
- Identify treatment modifiable risk factors for chronic and acute suicide patients. (Fawcett)
- Review medication management strategies to diminish or reverse chronic and acute risk factors for suicide. (Fawcett)
- Review the obstacles to eliciting and accurate self-report of suicidal ideation; particularly the parts played by resistance and "alexithymia". (Berlin)

- Increase appreciation for suicidal ideation as a solution to a more primary problem and the important therapeutic effect of discussing it with a patient. (Berlin)
- Increase understanding of special challenges managing severe and persistent suicidal ideation in the acute and ambulatory care settings. (Berlin)
- Know the legal risks of patient suicide. (Layde & Robbins)
- Understand ways to minimize the likelihood of successful lawsuits after a patient's suicide. (Layde & Robbins)
- Understand how to prepare for a lawsuit after a patient's suicide. (Layde & Robbins)
- Describe and utilize the following six interviewing techniques for increasing validity: normalization, shame attenuation, behavioral incident, gentle assumption, symptom amplification and denial of the specific. (Shea)
- Describe and utilize the principles of the Equation of Suicidal Intent as it applies to the difficulties inherent in uncovering suicidal ideation. (Shea)
- Describe and utilize the Chronological Assessment of Suicide Events (the CASE Approach), a flexible interviewing strategy designed to uncover suicidal ideation, planning, behavior, and intent. (Shea)

Accreditation

This activity has been planned and implemented in accordance with the Essential Areas and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Psychiatric Association (APA) and the Wisconsin Psychiatric Association (WPA). The APA is accredited by the ACCME to provide continuing medical education for physicians.

Designation

The American Psychiatric Association designates this live activity for a maximum of 10 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Location and Registration

Location

InterContinental
139 East Kilbourn Ave, Milwaukee, WI 53202
For directions and map to the hotel, please visit:
www.intercontinental.com

Lodging Information - Room Rates

Thursday, March 1 and Friday, March 2 - \$129
Reservation deadline: February 9, 2012
To make a reservation, call 414-276-8686. Indicate that you are booking a room under WPA- Wisconsin Psychiatric Association block.

Registration Details

Registration fee includes:

- Continuing Medical Education credits
- Conference handouts
- Conference meals to include continental breakfasts, lunch and reception.

Registration Cancellation

All cancellations must be received by February 9. A \$25 administrative fee will be deducted from your refund. NO REFUNDS WILL BE MADE AFTER FEBRUARY 9.

Schedule of Events

*Subject to change

Friday, March 2

7:30 - 8:00 a.m.

Registration/Continental Breakfast with Exhibitors

8:00 - 8:15 a.m.

Welcome

Justin Schoen, MD, Meeting Chair
Joseph Layde, MD, JD, WPA President

8:15 - 9:15 a.m.

Suicide in DSM 5 Overview
Jan Fawcett, MD

9:15 - 10:15 a.m.

Neurobiology of Suicide
Ned H. Kalin, MD

10:15 - 10:30 a.m.

Break with Exhibitors

10:30 - 11:30 a.m.

Suicide: Subpopulation Perspectives
Stephanie Eken, MD, FAAP
Art Walaszek, MD
Jon A. Lehrmann, MD

11:30 a.m. - 12:30 p.m.

Luncheon and Annual Business Meeting
Friend of the WPA Award

12:30 - 1:30 p.m.

Medication Management of Chronic and Acute Suicide Risk Patients
Jan Fawcett, MD

1:30 - 3:00 p.m.

Management of the Acutely Suicidal Patient
Jon Berlin, MD
Discussant: Ronald J. Diamond, MD

3:00 - 3:30 p.m.

Break with Exhibitors

3:30 - 4:30 p.m.

Liability and Suicide
Joseph Layde, MD, JD
Kenneth Robbins, MD

5:00 - 6:30 p.m.

Reception

6:30 - 8:30 p.m.

Member-in-Training and Early Career Psychiatrist Dinner
*No cost to MIT/ECP members

Saturday, March 3

7:30 - 8:00 a.m.

Continental Breakfast with Exhibitors

8:00 - 10:00 a.m.

Techniques for Increasing Validity While Exploring Suicidal Ideation and the Sensitive Material from which It Arises
Shawn Christopher Shea, MD

10:00 - 10:30 a.m.

Break with Exhibitors

10:30 a.m. - 12:00 p.m.

The Nuanced Use of Chronological Assessment of Suicide Events (CASE Approach)
Shawn Christopher Shea, MD



Annual Meeting Faculty

Jan Fawcett, MD

Dr. Fawcett has served as Professor of Psychiatry at the University of New Mexico School of Medicine for nearly ten years, after having served as Chair of the Department of Psychiatry at Rush Medical School for thirty years. A graduate of Yale Medical School, he trained as a resident at the University of California's Langley Porter Neuropsychiatric Institute and the University of Rochester with an additional two years of post graduate training at the Clinical Center of the National Institute of Mental Health. He has received both international and national awards for his work in the areas of mood disorders, suicide prevention, and psychopharmacology, including the Anna-Monika Award, Falcone Award, Lifetime Research Award from the American Foundation for Suicide Prevention, Menniger Award from the American College of Physicians, and the Dr. Jan Fawcett Humanitarian Award from the Depression and Bipolar Support Association. Presently he is Chair of the DSM-5 Mood Workgroup, and Co-Principal Investigator of the NIMH sponsored "Prevention of Recurrent Depression with medication and Cognitive Therapy" study at Rush, University of Pennsylvania, and Vanderbilt. Dr. Fawcett has maintained a clinical practice focused on treatment resistant mood disorders for the past 45 years.

Ned H. Kalin, MD

Dr. Kalin is Hedberg Professor and Chairman of the Department of Psychiatry at the University of Wisconsin School of Medicine and Public Health. He is Director of Health Emotions Research Institute and Professor in the Department of Psychology at the University of Wisconsin. Dr. Kalin is an affiliate scientist at the Wisconsin Regional Primate Center and the Harlow Primate Laboratory. He serves as the principal investigator for several ongoing NIH funded research projects. His research focuses on uncovering basic mechanisms that relate stress to the development of psychopathology and to understanding which mechanisms cause some children to be vulnerable for the development of anxiety and depression. In addition to his research activities, he treats patients that suffer from anxiety and depression that are refractory to standard treatment.

Dr. Kalin has been recognized for numerous awards including the 1985 A.E. Bennett Award for basic science research in biological psychiatry, the 2005 Edward A. Strecker Award, the 2007 American College of Psychiatrists Award for research in

mood disorders, and the 2007 Gerald Klerman Senior Investigator Award. He recently served as president of the International Society of Psychoneuroendocrinology and also recently served on the National Advisory Mental Health Council. He has published over two hundred peer-reviewed research papers and is Co-Editor of the Journal Psychoneuroendocrinology. He lectures regularly at national and international meetings.

Jon A. Lehrmann, MD

Dr. Lehrmann, is the Charles E. Kubly Professor in Psychiatry and Behavioral Medicine, and Associate Professor and Interim Chair in the Department of Psychiatry at the Medical College of Wisconsin.

Dr. Lehrmann does his clinical work and is the Co-Division Manager of the Mental Health Division at the Zablocki Veterans Affairs Medical Center in Milwaukee, Wisconsin.

Dr. Lehrmann has received several teaching awards, including three annual Golden Apple Faculty Teaching Awards, for which a residency class selects one faculty member. He was also honored with the Department's Distinguished Service Award in 2008 and 2009, and the Healthcare Foundation of New Jersey's first annual Humanism in Medicine Award in 2000. Dr. Lehrmann's academic interests include resident and medical student education, feedback in education, resident recruitment, conflict resolution and negotiation, Veteran Mental Health and Veteran Mental Health Care Systems.

Stephanie Eken, MD, FAAP

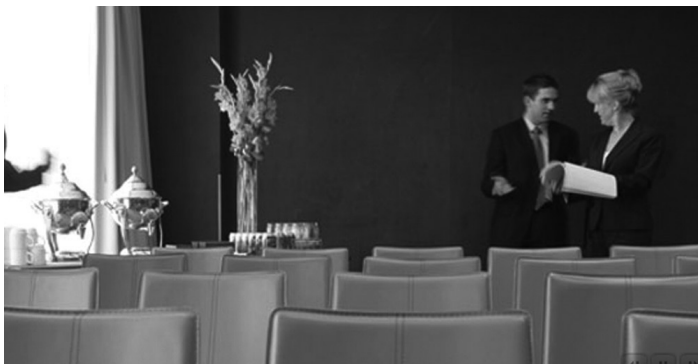
Dr. Eken is the medical director of the Child Center at Rogers Memorial Hospital. She is a full-time, board-certified child and adolescent psychiatrist, adult psychiatrist and pediatrician. Prior to joining Rogers, Dr. Eken worked in multidisciplinary outpatient practice focused on child development and mental health. Her clinical interests include anxiety, obsessive-compulsive disorder, obsessive-compulsive spectrum disorders, depression, attention deficit hyperactivity disorder (ADHD), and emotional problems in chronically medically ill children.

Dr. Eken received the "Catcher in the Rye Award for Advocacy" from the American Academy of Child and Adolescent Psychiatry in 2008 as a leading member of the Kentucky Council of Child and Adolescent Psychiatry, which was recognized for its advocacy efforts in the passage of anti-bullying legislation. She has received numerous other honors and fellowships. Dr. Eken has delivered presentations to a variety of audiences on mental health disorders in children and advocacy for children's mental health needs.

Art Walaszek, MD

Dr. Walaszek is a board-certified geriatric psychiatrist and Associate Professor of Psychiatry at the University of Wisconsin School of Medicine and Public Health.

Dr. Walaszek is Vice Chair for Education and Director of Psychiatry Residency Training at the University of Wisconsin



Annual Meeting Faculty

Department of Psychiatry. He is the Chair of the CME Committee of the Wisconsin Psychiatric Association. He is a member of the Editorial Board of *Academic Psychiatry*, is on the Executive Council of the American Association of Directors of Psychiatry Residency Training, and is the editor of the *Bulletin of the Association for Academic Psychiatry*. Dr. Walaszek oversees medical education in Psychiatry at the University of Wisconsin School of Medicine & Public Health, including the Integrated Neurosciences course for second-year medical students.

As a member of the Wisconsin Geriatric Psychiatry Initiative, Dr. Walaszek speaks extensively on geriatric topics in various medical and non-medical settings across the state. He has co-authored articles and book chapters on late-life emotional and behavioral problems, anxiety disorders in long-term care, late-life depression and ethical issues in late life. His clinical practice involves caring for primarily older adults with depressive disorders, anxiety disorders and dementia, and their families. *Madison Magazine*, based on a survey of Madison-area physicians, named Dr. Walaszek to its 2010 list of Top Docs.

Jon Berlin, MD

Dr. Berlin, is co-founder and consultant of JSA Health. Dr. Berlin holds appointments of Clinical Associate Professor in the departments of Psychiatry and Emergency Medicine at the Medical College of Wisconsin. As Medical Director of Milwaukee County's Crisis Service, he helped spearhead the effort resolving the crisis of psychiatric patient boarding in Milwaukee's emergency departments. A past president of the American Association of Emergency Psychiatry and coeditor/coauthor of *Emergency Psychiatry: Principles and Practice* (2008), he lectures widely on advanced clinical techniques and consults on emergency service design around the country.

Dr. Berlin's pioneering initiatives include founding of the Institute for Behavioral Health Improvement; and serving as first Chief of Staff of Richard Young Hospital in Kearney, NE, where he created the position of Medical Director and created the mental health section of a telemedicine program serving rural areas.

Dr. Berlin received the APA's Bruno Lima Award for his effective and compassionate response to the victims of Hurricane Katrina and his creation of the Milwaukee Disaster Mental Health Task Force, a comprehensive, multidisciplinary coalition of public and private healthcare entities. A clinician, educator and leader for over 25 years, Dr. Berlin also maintains a private practice specializing in psychoanalytic psychotherapy.

Ronald J. Diamond, MD

Dr. Diamond is Professor in the Department of Psychiatry at the University of Wisconsin-Madison, and is Medical Director of the Mental Health Center of Dane County. Dr. Diamond serves as a Consultant to the Wisconsin Bureau of Mental Health and Substance Abuse.

For more than 30 years, Dr. Diamond has been involved in the community-based treatment of persons with severe and



persistent mental illness. He has taught and written on issues of staff training, ethics, staff roles, decreasing coercion, medication compliance, psychiatric administration, and system design. For more than a decade, he has been interested in how to integrate concepts of recovery and cultural competence into day-to-day clinical practice. The Mental Health Center of Dane County is a national model in community psychiatry providing culturally competent services to both children and adults. Dr. Diamond has written two books on psychopharmacology designed for non-medical clinicians, consumers, and family members. The third edition of his book, *Instant Psychopharmacology*, was published in 2009. *Treatment Collaboration, Improving the Therapist, Prescriber, Client Relationship*, was published 2007. His most recent book, *The Medication Question: Weighing Your Mental Health Treatment Options A decision Guide for Patients and their Families* was published in spring of 2011.

Joseph B. Layde, MD, JD

Dr. Layde is President of the Wisconsin Psychiatric Association and Professor and Vice-Chair for Education in the Department of Psychiatry and Behavioral Medicine at the Medical College of Wisconsin, where he directs the Forensic Psychiatry Fellowship.

Dr. Layde is a winner of the department's Golden Apple Teaching and We Care Awards, and has won the Medical College's top teacher award: the Edward J. Lennon Endowed Clinical Teaching Award. He is also a recipient of the American Academy of Psychiatry and Law Rappeport Fellowship Award.

Dr. Layde's academic interests include psychiatric ethics and the parameters of the duty to protect the public from dangerous patients.

Kenneth Robbins, MD

Dr. Robbins is a Clinical Professor of Psychiatry at the University of Wisconsin and an Associate Clinical Professor of Psychiatry at the Medical College of Wisconsin. He is the Medical Director of the Stoughton Hospital Geropsychiatry Unit and of the WEA Trust. Dr. Robbins has an active forensic psychiatry practice and consults at the Central Wisconsin Center. Dr. Robbins has extensive experience in working for defense attorneys, judges, and prosecutors in criminal matters; and on behalf of both plaintiffs and defendants in civil matters.

Annual Meeting Faculty

Dr. Robbins is a senior medical editor at health.com, Time Warner's medical web site, and caring.com, a web site for those who are caring for people with serious illnesses, with a particular focus on dementia.

He is active in both the American and Wisconsin Psychiatric Associations. He has written and contributed to many articles and is frequently invited to speak on psychiatric topics, such as psychiatry and the law, depression, anxiety, dementia, and suicide risk and prevention.

Shawn C. Shea, MD

Dr. Shea is an internationally acclaimed innovator in the fields of suicide prevention, clinical interviewing, and improving medication adherence having given over 850 presentations including venues such as the Cape Cod Symposium, the Santa Fe Symposium and the Door County Summer Institute. He has been a recipient of an Outstanding Course Award from the American Psychiatric Association for his presentations at their annual meetings.

Dr. Shea is the author of the best selling texts *Psychiatric Interviewing: the Art of Understanding, 2nd Edition* and *The Practical Art of Suicide Assessment*. The Medical Library Association has chosen *Psychiatric Interviewing: the Art of Understanding, 2nd Edition* for the Brandon/Hill List as one of the 16 most important books in the field of psychiatry.

His book on creating resiliency in difficult times - *Happiness Is* - was chosen as a Brodart "Library Gem", and as a Bowker's "Title to Watch". Former Surgeon General C. Everett Koop provided the foreword to Dr. Shea's most recent book *Improving Medication Adherence: How to Talk with Patients About Their Medications* which, in 2009, was chosen for Doody's "Core Titles List" of the most important books in the fields of medicine and nursing.

Dr. Shea is the Director of the Training Institute for Suicide Assessment and Clinical Interviewing, a training and consultation service providing workshops, consultations, and quality assurance design in mental health assessments.

Plan to Attend the Wisconsin Psychiatric Association 2012 Annual Conference Today!

Location

**InterContinental
139 East Kilbourn Ave
Milwaukee, WI 53202**

**For directions and map to the hotel, please visit:
www.intercontinental.com**

Questions

For more information, contact the Wisconsin Psychiatric Association office at 920-560-5643 or by email at julie@badgerbay.co

Wisconsin Psychiatric Association Attendee Registration

*Name: _____
(as you would like it to appear on your name badge)

*Please state your highest degree(s): _____
(as you would like them to appear on your name badge)

*Company/Institution: _____

*Address: _____

*City: _____ *State: _____ *ZIP: _____

Phone: _____

*Email: _____

Special dietary needs: _____

* Required for CME credits

Registration Fees

- \$250 WPA Member
- \$175 WPA Early Career Psychiatrist
- No Charge WPA Student Member/Resident/Fellow
- \$325 Non Member and other healthcare providers
- \$35 x Additional Guest Friday Luncheon

Total Due: \$ _____

Member in Training & Early Career Psychiatrist Dinner:

*No cost to MIT & ECP Members

Friday, March 2 – 6:30 p.m.

I will attend the MIT & ECP Dinner. Number attending _____

Method of Payment

Total Enclosed: _____

Check (payable to WPA) Check # _____

VISA MasterCard Discover

Card Number _____

Expiration Date: _____ / _____ Security Code: _____

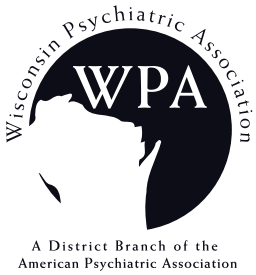
Address on Billing Statement: _____

Name on Card: _____

Signature: _____

Please return registration form and payment to:

Wisconsin Psychiatric Association
563 Carter Court, Suite B · Kimberly, WI 54136
Fax: 920-882-3655 · Email: julie@badgerbay.co



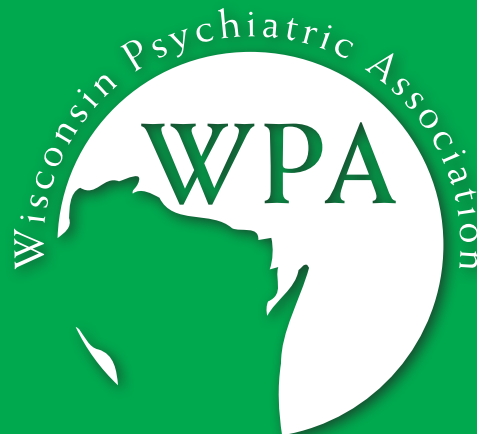
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A District Branch of the
American Psychiatric Association